

# CATERING MENU

## THE WOMAN'S EXCHANGE SANDWICH TRAY

Pickles and condiments served on the side

### Cafe Sandwiches:

Your choice of sliced chicken on white bread, house-made white meat chicken salad on croissant, Albacore tuna salad on 12 grain, egg salad on rye, classic club sandwich or the hummus and vegetable wrap.

<b>Small – 12"</b> (serves 6 - 10 people)	\$55.00
<b>Medium – 16"</b> (serves 10 - 16 people)	\$85.00
<b>Large – 18"</b> (serves 16 - 20 people)	\$105.00

## THE FAMOUS WOMAN'S EXCHANGE SALAD BOWL

Served with The Woman's Exchange salad dressing and petite croissants.

<b>Small</b> (serves 6 - 10 people)	\$54.00
<b>Medium</b> (serves 10 - 16 people)	\$86.00
<b>Large</b> (serves 16 - 20 people)	\$108.00

## FRESH VEGETABLE TRAY

Seasonal freshly cut raw vegetables served with The Woman's Exchange salad dressing.

<b>Small – 12"</b> (serves 6 - 10 people)	\$35.00
<b>Medium – 16"</b> (serves 10 - 16 people)	\$50.00

## FRESH CUT FRUIT & CHEESE TRAY

The best assortment of fresh fruit available with your choice of three cheeses: Choose from Dill Havarti, Swiss, Cheddar, Gouda or Pepperjack.

<b>Small – 12"</b> (serves 8 - 10 people)	\$35.00
--	---------

## DESSERT TRAYS

### Classic Desserts Tray:

An assortment of Lemon Squares, Chocolate Mint Brownies, Goey Butter Brownies, Chocolate Chip and Oatmeal Cookies.

<b>Small – 12"</b> (serves 6 - 10 people)	\$25.00
<b>Medium – 16"</b> (serves 10 - 16 people)	\$35.00
<b>Large – 18"</b> (serves 16 - 30 people)	\$61.00

## ASSORTED WHOLE PIES

Choose from a selection of pies including our famous Lemon Meringue Pie.

\$ 24.00

# BOX LUNCH MENU

Minimum order of 6 lunches. \$10.00 delivery fee.

Prepayment is required on all delivery orders.

All delivery orders and orders of 15 or more must be placed before 3:00 p.m. the previous day.

(314) 997-4411

## THE WOMAN'S EXCHANGE SANDWICHES

Served on fresh sourdough, white, whole wheat, rye, 12 grain, ciabatta, croissant, or wrapped in a spinach tortilla. Served with sweet pickles and your choice of side: marinated vegetable salad, potato salad, bulgar wheat salad, field green side salad, fruit salad, cottage cheese, or potato chips. Served with your choice of dessert: chocolate mint brownie, lemon square, or 2 cookies. \$11.00

### Classic Club Sandwich

Sliced chicken breast, crisp bacon, tomato and garden fresh lettuce.

### Country Club Sandwich

Sliced chicken breast, ham, crisp bacon, garden fresh lettuce, tomato, onion, smoked Cheddar cheese with honey mustard.

### Cafe Sandwiches

Your choice of sliced chicken breast, house-made chicken salad, Albacore tuna salad, or egg salad served with garden fresh lettuce.

### The Maryland Avenue

The Exchange's classic combination of cream cheese and green olives grilled on your choice of bread.

### The Celebration Wrap

Chicken salad, crispy bacon, lettuce, tomato, and the Exchange's House Dressing wrapped in a spinach tortilla.

### The Hummus and Vegetable Wrap

Fresh hummus rolled in a spinach tortilla with shredded carrot, cucumber, radish, red onion, and sesame seeds.

### Grilled Sirloin Steak Sandwich

Sliced grilled sirloin with tomatoes and red onions, with cheddar cheese finished with a horseradish spread served on toasted ciabatta.

### Veggie Sandwich

The Exchange's combination of tomato, lettuce, cucumbers, and Havarti cheese served with the Exchange's House Dressing.

## THE WOMAN'S EXCHANGE SALADS

Served with petite croissant and your choice of dessert. \$12.00

### The Famous Woman's Exchange Salad Bowl

Fresh chicken breast, ham, swiss cheese, tomato, hard-boiled egg, crisp bacon, green onion, and garden fresh lettuce, hand-chopped and served with the Exchange's House Dressing.

### Cafe Salads

Your choice of house made chicken salad, Albacore tuna salad, or egg salad served on a bed of garden fresh lettuce surrounded by fresh fruit or veggies.

### Field Green Salad with Chicken

Chicken breast with field greens, shredded carrot, tomato, cucumber, red onion, and feta cheese with creamy lemon-dill dressing.

### Grilled Sirloin Steak Salad

Sliced grilled sirloin with field greens, tomatoes, red onions, and blue cheese with balsamic vinaigrette.



*Tearoom ~ Carry Out ~ Casual Catering*

### THE WOMAN'S EXCHANGE MISSION

The Woman's Exchange of St. Louis is a volunteer, not-for-profit organization dedicated to the principle of helping those in need to lead productive lives by earning a living through their talents and the sale of their unique handmade merchandise. The Exchange fosters a sense of pride, involvement, and mutual support through substantial and varied opportunities to achieve an improved quality of life.

### Business Hours:

Monday ~ Saturday  
10:00 A.M. ~ 6:00 P.M.

### Tearoom Hours:

Monday ~ Saturday  
11:15 A.M. ~ 2:30 P.M.  
(Table Service)

## CARRY OUT & CATERING MENU

9214 Clayton Road  
St. Louis, Mo 63124

(314) 997-4411  
www.woexstl.org

BOTTLED WATER AND CANNED  
COKE PRODUCTS AVAILABLE \$1.50

# CARRY OUT MENU

Our full menu is available for carry out and we feature nightly carry out dinner specials. Chicken salad, tuna salad, egg salad, and our famous salad dressing are available by the pint and quart. Order before 2:30 p.m. for pick up before 6 p.m.

## THE WOMAN'S EXCHANGE SANDWICHES

Served on fresh sourdough, white, whole wheat, rye, 12 grain, ciabatta, croissant, or choose to wrap in a spinach tortilla.

Served with sweet pickles and your choice of side.

### Country Club Sandwich

Sliced chicken breast, ham, crisp bacon, garden fresh lettuce, tomato, onion, smoked Cheddar cheese with honey mustard. \$9.75

### Classic Club Sandwich

Sliced chicken breast, crisp bacon, tomato and garden fresh lettuce. \$9.75

### Grilled Sirloin Steak Sandwich

Sliced grilled sirloin, tomatoes, red onions, and cheddar cheese, finished with a horseradish spread, served on toasted ciabatta. \$14.00

### Classic Hamburger

The traditional American favorite served with lettuce, tomato, and pickles. \$8.25

Add your choice of bacon or cheese – American, swiss, cheddar, pepperjack, gouda, goat cheese spread, dill havarti, mozzarella. \$8.75

### Cafe Sandwiches

Choice of sliced chicken breast, house-made chicken salad, Albacore tuna salad, or egg salad served with garden fresh lettuce. \$9.00

### The Euclid Avenue

An open faced sandwich of sliced tomatoes and crisp bacon smothered in the Exchange's secret cheddar cheese spread then broiled to golden perfection. \$9.25

### The Maryland Avenue

The Exchange's classic combination of cream cheese and green olives grilled on your choice of bread. \$8.25

### The W.E. Wrap

Enjoy The Woman's Exchange Salad wrapped in a spinach tortilla. \$9.50

### The Celebration Wrap

Chicken salad, crispy bacon, lettuce, tomato, and the Exchange's House Dressing wrapped in a spinach tortilla. \$9.50

### Veggie Sandwich

The Exchange's combination of tomato, lettuce, cucumbers, and havarti cheese served with the Exchange's House Dressing. \$8.50

### The Hummus and Vegetable Wrap

Fresh hummus rolled in a spinach tortilla with shredded carrot, cucumber, radish, red onion, and sesame seeds. \$11.00

### The Asparagus Melt

Blanched asparagus and thinly sliced ham served open-faced topped with melted parmesan-goat cheese spread. \$12.25

### Tuna Melt

Two toasted English muffins topped with tuna salad, chopped red onion and covered in melted cheddar cheese. Also available with chicken salad. \$8.75

### Roasted Eggplant Sandwich

Roasted eggplant and sliced tomato covered with melted mozzarella, finished with fresh basil and balsamic vinaigrette on toasted ciabatta. \$12.25

### Broiled Cheddar Cheese Toast

Made with the Exchange's secret cheddar cheese spread. \$8.00

### Grown-Up Grilled Cheese \$8.50

### Garden Grilled Cheese

Dill havarti, basil, tomato, and honey on grilled sourdough.

### Build Your Own:

Cheddar, smoked gouda, American, swiss, pepper-jack, mozzarella, or dill havarti. Add bacon, ham, chicken or tomato.

### Triple Decker Grilled Cheese

Three slices of bread and your choice of up to four cheeses with tomato.

## SIDES

Your Choice \$3.50

Marinated Vegetable Salad

Potato Salad

Bulgur Wheat Salad

Field Green Side Salad

Fruit Salad

Cottage Cheese

Potato Chips

## THE WOMAN'S EXCHANGE SALADS

Each salad is served with your choice of dressing and a petite croissant.

### The Famous Woman's Exchange Salad Bowl

Fresh chicken breast, ham, swiss cheese, tomato, hard-boiled egg, crisp bacon, green onion, and garden fresh lettuce, hand-chopped and served with the Exchange's House Dressing. \$10.75

### "The Diet" Salad Bowl

A medley of chicken, tomatoes, green onions, and garden fresh lettuce chopped with your choice of dressing. \$10.75

### Field Green Salad with Chicken

Chicken breast with field greens, shredded carrot, tomato, cucumber, red onion, and feta cheese with creamy lemon-dill dressing. \$12.00

### Balsamic Spring Mix Salad

Crisp field greens tossed with dried cherries, goat cheese and glazed pecans with balsamic vinaigrette. \$11.00

### Tossed Green Salad

A medley of tomato, green onions, hard boiled eggs, olives, cucumbers, and garden fresh lettuce with the Exchange's House Dressing. \$8.00

### Cafe Salads

Your choice of house made chicken salad, Albacore tuna salad, or egg salad served on a bed of garden fresh lettuce surrounded by fresh fruit or fresh veggies. \$10.25

### The Salad Trio

Your choice of three petite scoops: chicken salad, tuna salad, egg salad, marinated vegetable salad, bulgar wheat salad, or cottage cheese surrounded by fresh fruit or fresh veggies. \$10.75

## A LITTLE OF EVERYTHING

### Pick Two Favorites

Cup of the Exchange's soup du jour, half sandwich of your choice (sliced chicken, chicken salad, tuna salad, or egg salad), or Petite Woman's Exchange Salad. \$9.50  
Substitute a bowl of soup. \$11.50

## SOUP DU JOUR

The Exchange's hot and delicious soups.

**Cup** \$4.25

**Pint** \$7.25

**Bowl** \$6.25

**Quart** \$10.50

## CHILDREN'S SPECIALS

All served with potato chips and sweet pickles

**Grilled American Cheese** \$5.25

**Peanut Butter and Grape Jelly**

\$5.00

### Mini Cheese Pizza

Two English muffin halves baked with tomato sauce and fresh mozzarella cheese. \$5.50

## JUST DESSERTS

**Signature Coconut Cake** \$5.00

**Lemon Meringue Pie** \$4.50

**Lemon Squares** \$5

**Chocolate Mint Brownies** \$7.50

**Goopy Butter Brownies** \$6.50

**A Selection of Pies** \$4.50

**A Selection of Cookies** \$.75 - \$2.00

## BEVERAGES \$2.25

Coca-Cola, Diet Coca-Cola, Dr. Pepper, Diet Dr. Pepper, Sprite, or Pink Lemonade  
Coffee, Tea, Iced Tea, Milk or Chocolate Milk

Hot Chocolate  
Bottled Water

**Add a syrup:** cherry, peach or raspberry \$.50